

Purpose The questionnaire examines a wide range of childhood behaviors detailed from the perspective of the parent or guardian. In the test's first section, parents are asked to report briefly on several aspects of their child's day-to-day functioning, including involvement with groups and activities, relationships with peers, and performance in school. The second section consists of 118 Likert-type items which require parents to indicate how well the statement represents their child's behaviors during the past 6 months (0="Not true (as far as you know)," 1="Somewhat or sometimes true," and 2="Very true or often true"). Children receive scores across a variety of syndromes and DSM-oriented scales, including aggressive behavior, attention problems, somatic complaints, anxiety problems, attention deficit/hyperactivity problems, and conduct problems. As the questionnaire is intended to measure overall behavioral competence, only a few items relate directly to sleep issues:

- 47. Nightmares
- 54. Overtired without good reason
- 76. Sleeps less than most kids
- 77. Sleeps more than most kids during day and/or night (describe)
- 92. Talks or walks in sleep (describe)
- 100. Trouble sleeping (describe)
- 108. Wets the bed

However, some research suggests that sleep issues are frequently comorbid with mental disorders [1]. Thus, while clinicians interested in sleep may choose to focus primarily on these seven items of the CBCL, a more general

measure of behavioral issues could also be considered valuable, particularly when plotting a course for treatment.

Population for Testing The questionnaire is designed for youth aged 6–18. A second version has also been developed for children aged 1½–5.

Administration Parents provide responses either through interview with an administrator or by completing the pencil-and-paper form themselves. The test requires between 15 and 20 min for completion. Though administrators do not need to possess any specific qualifications, distributors ask individuals attempting to purchase test products to complete a "Test User Qualification Form." In order to be considered qualified to interpret results or supervise use of the test, an individual must have completed at least two university-level courses in tests and measurements (exceptions may be made for those who can demonstrate sufficient background in psychometric measures). Along with this parental response questionnaire, developers have designed a Teacher Report Form (6–18) and a Youth Self-Report form (11–18). These additional measures may be used when a researcher or clinician wishes to understand a child's behavior in a variety of contexts and from several perspectives.

Reliability and Validity Studies assessing the psychometric properties of the CBCL have been numerous and include evaluations of its efficacy

in different cultural settings and its potential uses in discriminating a variety of patient populations. According to research performed by the developers [2], the test has an inter-rater reliability ranging from .93 to .96, a test-retest reliability of .95–1.00, and an internal consistency of .72 – .97 – all quite high.

Obtaining a Copy The scale was developed and refined by Thomas Achenbach and colleagues for the Achenbach System of Empirically Based Assessment (ASEBA). To find a distributor in your area, visit the publisher's Web site: <http://www.aseba.org/index.html>.

Scoring Test scoring can be performed by hand or can be conducted through the use of computer

software sold by the publisher. In either case, raw scores for each of the test's eight syndrome constructs are tallied and plotted on a scale that converts them to *T*-scores and to percentiles of the normative sample. Each *T*-score falls into one of three ranges: normal (below 67), borderline (between 67 and 70), and clinical (above 70). Children are also given Internalizing, Externalizing, and total problem scores for which borderline and clinical ranges are slightly lower. While the CBCL is often treated as the gold standard in research and clinical questionnaires, it is important to remember that it is no substitute for a full clinical evaluation. Some have criticized the test for its lack of subtlety in detecting certain problems and others have suggested that its length may be unnecessary [3].

 Please print. CHILD BEHAVIOR CHECKLIST FOR AGES 1½-5			
CHILD'S FIRST MIDDLE LAST FULL NAME		PARENTS' USUAL TYPE OF WORK, even if not working now. Please be specific — for example, auto mechanic, high school teacher, homemaker, laborer, lathe operator, shoe salesman, army sergeant	
CHILD'S GENDER <input type="checkbox"/> Boy <input type="checkbox"/> Girl		CHILD'S AGE CHILD'S ETHNIC GROUP OR RACE	
TODAY'S DATE Mo ____ Day ____ Year _____		CHILD'S BIRTHDATE Mo ____ Day ____ Year _____	
FATHER'S TYPE OF WORK _____ MOTHER'S TYPE OF WORK _____			
THIS FORM FILLED OUT BY: (print your full name) _____			
Your relationship to child: <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Other (specify): _____			
Please fill out this form to reflect your view of the child's behavior even if other people might not agree. Feel free to write additional comments beside each item and in the space provided on page 2. Be sure to answer all items.			
Below is a list of items that describe children. For each item that describes the child now or within the past 2 months , please circle the 2 if the item is very true or often true of the child. Circle the 1 if the item is somewhat or sometimes true of the child. If the item is not true of the child, circle the 0 . Please answer all items as well as you can, even if some do not seem to apply to the child.			
0 = Not True (as far as you know)		1 = Somewhat or Sometimes True	
2 = Very True or Often True			
0 1 2 30. Easily jealous 0 1 2 31. Eats or drinks things that are not food—don't include sweets (describe): _____ 0 1 2 32. Fears certain animals, situations, or places (describe): _____ 0 1 2 33. Feelings are easily hurt 0 1 2 34. Gets hurt a lot, accident-prone 0 1 2 35. Gets in many fights 0 1 2 36. Gets into everything 0 1 2 37. Gets too upset when separated from parents 0 1 2 38. Has trouble getting to sleep 0 1 2 39. Headaches (without medical cause) 0 1 2 40. Hits others 0 1 2 41. Holds his/her breath 0 1 2 42. Hurts animals or people without meaning to 0 1 2 43. Looks unhappy without good reason 0 1 2 44. Angry moods 0 1 2 45. Nausea, feels sick (without medical cause) 0 1 2 46. Nervous movements or twitching (describe): _____ 0 1 2 47. Nervous, highstrung, or tense 0 1 2 48. Nightmares 0 1 2 49. Overeating 0 1 2 50. Overtired 0 1 2 51. Shows panic for no good reason 0 1 2 52. Painful bowel movements (without medical cause) 0 1 2 53. Physically attacks people 0 1 2 54. Picks nose, skin, or other parts of body (describe): _____			
<i>Be sure you answered all items. Then see other side.</i>			

Please print your answers. Be sure to answer all items.

0 = Not True (as far as you know)			1 = Somewhat or Sometimes True			2 = Very True or Often True		
0	1	2	55. Plays with own sex parts too much	0	1	2	79. Rapid shifts between sadness and excitement	
0	1	2	56. Poorly coordinated or clumsy	0	1	2	80. Strange behavior (describe): _____	
0	1	2	57. Problems with eyes (without medical cause) (describe): _____	0	1	2	81. Stubborn, sullen, or irritable	
0	1	2	58. Punishment doesn't change his/her behavior	0	1	2	82. Sudden changes in mood or feelings	
0	1	2	59. Quickly shifts from one activity to another	0	1	2	83. Sulks a lot	
0	1	2	60. Rashes or other skin problems (without medical cause)	0	1	2	84. Talks or cries out in sleep	
0	1	2	61. Refuses to eat	0	1	2	85. Temper tantrums or hot temper	
0	1	2	62. Refuses to play active games	0	1	2	86. Too concerned with neatness or cleanliness	
0	1	2	63. Repeatedly rocks head or body	0	1	2	87. Too fearful or anxious	
0	1	2	64. Resists going to bed at night	0	1	2	88. Uncooperative	
0	1	2	65. Resists toilet training (describe): _____	0	1	2	89. Underactive, slow moving, or lacks energy	
0	1	2	66. Screams a lot	0	1	2	90. Unhappy, sad, or depressed	
0	1	2	67. Seems unresponsive to affection	0	1	2	91. Unusually loud	
0	1	2	68. Self-conscious or easily embarrassed	0	1	2	92. Upset by new people or situations (describe): _____	
0	1	2	69. Selfish or won't share	0	1	2	93. Vomiting, throwing up (without medical cause)	
0	1	2	70. Shows little affection toward people	0	1	2	94. Wakes up often at night	
0	1	2	71. Shows little interest in things around him/her	0	1	2	95. Wanders away	
0	1	2	72. Shows too little fear of getting hurt	0	1	2	96. Wants a lot of attention	
0	1	2	73. Too shy or timid	1	2	97. Whining		
0	1	2	74. Sleeps less than most kids during day and/or night (describe): _____	1	2	98. Withdrawn, doesn't get involved with others		
0	1	2	75. Smears or plays with bowel movements	1	2	99. Worries		
0	1	2	76. Speech problem (describe): _____	1	2	100. Please write in any problems the child has that were not listed above		
0	1	2	77. Stares into space or seems preoccupied	0	1	2	_____	
0	1	2	78. Stomachaches or cramps (without medical cause)	0	1	2	_____	

*Please be sure you have answered all items.
Underline any you are concerned about.*

Does the child have any illness or disability (either physical or mental)? No Yes—Please describe: _____

What concerns you most about the child?

Please describe the best things about the child:

LANGUAGE DEVELOPMENT SURVEY FOR AGES 18-35 MONTHSFor office use only
ID #

The Language Development Survey assesses children's word combinations and vocabulary. By carefully completing the Language Development Survey, you can help us obtain an accurate picture of the child's developing language. *Please print your answers. Be sure to answer all items.*

I. Was the child born earlier than the usual 9 months after conception?

No Yes—how many weeks early? _____ weeks early.

II. How much did the child weigh at birth? _____ pounds _____ ounces; or _____ grams.

III. How many ear infections did the child have before age 24 months?

0-2 3-5 6-8 9 or more

IV. Is any language beside English spoken in the child's home?

No Yes—please list the languages: _____

V. Has anyone in the child's family been slow in learning to talk?

No Yes—please list their relationships to the child; for example, brother, father:

VI. Are you worried about the child's language development?

No Yes—wh

VII. Does the child spontaneously say words in any language? (not just imitates or understands words)?

No Yes—if yes, please complete item VIII and page 4.

VIII. Does the child combine 2 or more words into phrases? For example: "more cookie," "car bye-bye."

No Yes—please print 5 of the child's longest and best phrases or sentences.

For each phrase that is not in English, print the name of the language.

1. _____
2. _____
3. _____
4. _____
5. _____

Be sure you answered all items. Then see other side.

Please circle each word that the child says SPONTANEOUSLY (not just imitates or understands). If your child says non-English versions of words on the list, circle the English word and write the first letter of the language (e.g., S for Spanish). Please include words even if they are not pronounced clearly or are in "baby talk" (for example: "baba" for bottle).

FOODS	ANIMALS	ACTIONS	HOUSEHOLD	MODIFIERS	OTHER
1 apple	55 bear	107 bath	163 bathtub	216 all gone	264 any letter
2 banana	56 bee	108 breakfast	164 bed	217 all right	265 away
3 bread	57 bird	109 bring	165 blanket	218 bad	266 booboo
4 butter	58 bug	110 catch	166 bottle	219 big	267 byebye
5 cake	59 bunny	111 clap	167 bowl	220 black	268 excuse me
6 candy	60 cat	112 close	168 chair	221 blue	269 here
7 cereal	61 chicken	113 come	169 clock	222 broken	270 hi, hello
8 cheese	62 cow	114 cough	170 crib	223 clean	271 in
9 coffee	63 dog	115 cut	171 cup	224 cold	272 me
10 cookie	64 duck	116 dance	172 door	225 dark	273 meow
11 crackers	65 elephant	117 dinner	173 floor	226 dirty	274 my
12 drink	66 fish	118 doodo	174 fork	227 dry	275 myself
13 egg	67 frog	119 down	175 glass	228 good	276 nightnight
14 food	68 horse	120 eat	176 knife	229 happy	277 no
15 grapes	69 monkey	121 feed	177 light	230 heavy	278 off
16 gum	70 pig	122 finish	178 mirror	231 hot	279 on
17 hamburger	71 puppy	123 fix	179 pillow	232 hungry	280 out
18 hotdog	72 snake	124 get	180 plate	233 little	281 please
19 ice cream	73 tiger	125 give	181 potty	234 mine	282 Sesame St
20 juice	74 turkey	126 go	182 radio	235 more	283 shut up
21 meat	75 turtle	127 have	183 room	236 nice	284 thank you
22 milk		128 help	184 sink	237 pretty	285 there
23 orange		129 hit	185 soap	238 red	286 under
24 pizza		130 hug	186 spoon	239 stinky	287 welcome
25 pretzel		131 jump	187 stairs	240 that	288 what
26 raisins		132 kick	188 table	241 this	289 where
27 soda		133 kiss	189 telephone	242 tired	290 why
28 soup		134 knock	190 towel	243 wet	291 woofwoof
29 spaghetti		135 look	191 trash	244 white	292 yes
30 tea		136 love	192 T.V.	245 yellow	293 you
31 toast		137 lunch	193 window	246 yucky	294 yumyum
32 water		138 make			295 any number
BODY PARTS					
33 ball	76 arm	140 open	194 brush	247 belt	PEOPLE
34 balloon	77 belly button	141 outside	195 comb	248 boots	296 aunt
35 blocks	78 bottom	142 pattycake	196 glasses	249 coat	297 baby
36 book	79 chin	143 peekaboo	197 key	250 diaper	298 boy
37 crayons	80 ear	144 peepee	198 money	251 dress	299 daddy
38 doll	81 elbow	145 push	199 paper	252 gloves	300 doctor
39 picture	82 eye	146 read	200 pen	253 hat	301 girl
40 present	83 face	147 ride	201 pencil	254 jacket	302 grandma
41 slide	84 finger	148 run	202 penny	255 mittens	303 grandpa
42 swing	85 foot	149 see	203 pocketbook	256 pajamas	304 lady
43 teddy bear	86 hair	150 show	204 tissue	257 pants	305 man
VEHICLES					
44 flower	97 bike	151 shut	205 tooth brush	258 shirt	306 mommy
45 house	98 boat	152 sing	206 umbrella	259 shoes	307 own name
46 moon	99 bus	153 sit	207 watch	260 slippers	308 pet name
47 rain	100 car	154 sleep		261 sneakers	309 uncle
48 sidewalk	101 motorcycle	155 stop		262 socks	310 name of TV
49 sky	102 plane	156 take		263 sweater	or story
50 snow	103 stroller	157 throw			character
51 star	104 train	158 tickle			
52 street	105 trolley	159 up			
53 sun	106 truck	160 walk			
54 tree		161 want			
		162 wash			
		163 bathtub			
		164 bed			
		165 blanket			
		166 bottle			
		167 bowl			
		168 chair			
		169 clock			
		170 crib			
		171 cup			
		172 door			
		173 floor			
		174 fork			
		175 glass			
		176 knife			
		177 light			
		178 mirror			
		179 pillow			
		180 plate			
		181 potty			
		182 radio			
		183 room			
		184 sink			
		185 soap			
		186 spoon			
		187 stairs			
		188 table			
		189 telephone			
		190 towel			
		191 trash			
		192 T.V.			
		193 window			
OUTDOORS					
49 sky	103 stroller	154 sleep	208 church	276 away	
50 snow	104 train	155 stop	209 home	276 booboo	
51 star	105 trolley	156 take	210 hospital	276 byebye	
52 street	106 truck	157 throw	211 library	276 excuse me	
53 sun		158 tickle	212 park	276 hi, hello	
54 tree		159 up	213 school	276 here	
		160 walk	214 store	276 in	
		161 want	215 zoo	276 me	
		162 wash		276 meow	
		163 bathtub		276 my	
		164 bed		276 myself	
		165 blanket		276 nightnight	
		166 bottle		276 no	
		167 bowl		276 off	
		168 chair		276 on	
		169 clock		276 out	
		170 crib		276 please	
		171 cup		276 Sesame St	
		172 door		276 shut up	
		173 floor		276 thank you	
		174 fork		276 there	
		175 glass		276 under	
		176 knife		276 welcome	
		177 light		276 what	
		178 mirror		276 where	
		179 pillow		276 why	
		180 plate		276 woofwoof	
		181 potty		276 yes	
		182 radio		276 you	
		183 room		276 yumyum	
		184 sink			
		185 soap			
		186 spoon			
		187 stairs			
		188 table			
		189 telephone			
		190 towel			
		191 trash			
		192 T.V.			
		193 window			
PERSONAL					
140 open	141 outside	142 pattycake	194 brush	247 belt	PEOPLE
141 outside	142 pattycake	143 peekaboo	195 comb	248 boots	296 aunt
142 pattycake	143 peekaboo	144 peepee	196 glasses	249 coat	297 baby
143 peekaboo	144 peepee	145 push	197 key	250 diaper	298 boy
144 peepee	145 push	146 read	198 money	251 dress	299 daddy
145 push	146 read	147 ride	199 paper	252 gloves	300 doctor
146 read	147 ride	148 run	200 pen	253 hat	301 girl
147 ride	148 run	149 see	201 pencil	254 jacket	302 grandma
148 run	149 see	150 show	202 penny	255 mittens	303 grandpa
149 see	150 show	151 shut	203 pocketbook	256 pajamas	304 lady
150 show	151 shut	152 sing	204 tissue	257 pants	305 man
151 shut	152 sing	153 sit	205 tooth brush	258 shirt	306 mommy
152 sing	153 sit	154 sleep	206 umbrella	259 shoes	307 own name
153 sit	154 sleep	155 stop	207 watch	260 slippers	308 pet name
154 sleep	155 stop	156 take		261 sneakers	309 uncle
155 stop	156 take	157 throw		262 socks	310 name of TV
156 take	157 throw	158 tickle		263 sweater	or story
157 throw	158 tickle	159 up			character
158 tickle	159 up	160 walk			
159 up	160 walk	161 want			
160 walk	161 want	162 wash			
161 want	162 wash	163 bathtub			
162 wash	163 bathtub	164 bed			
163 bathtub	164 bed	165 blanket			
164 bed	165 blanket	166 bottle			
165 blanket	166 bottle	167 bowl			
166 bottle	167 bowl	168 chair			
167 bowl	168 chair	169 clock			
168 chair	169 clock	170 crib			
169 clock	170 crib	171 cup			
170 crib	171 cup	172 door			
171 cup	172 door	173 floor			
172 door	173 floor	174 fork			
173 floor	174 fork	175 glass			
174 fork	175 glass	176 knife			
175 glass	176 knife	177 light			
176 knife	177 light	178 mirror			
177 light	178 mirror	179 pillow			
178 mirror	179 pillow	180 plate			
179 pillow	180 plate	181 potty			
180 plate	181 potty	182 radio			
181 potty	182 radio	183 room			
182 radio	183 room	184 sink			
183 room	184 sink	185 soap			
184 sink	185 soap	186 spoon			
185 soap	186 spoon	187 stairs			
186 spoon	187 stairs	188 table			
187 stairs	188 table	189 telephone			
188 table	189 telephone	190 towel			
189 telephone	190 towel	191 trash			
190 towel	191 trash	192 T.V.			
191 trash	192 T.V.	193 window			
192 T.V.	193 window				
PLACES					
140 open	141 outside	142 pattycake	208 church	276 away	
141 outside	142 pattycake	143 peekaboo	209 home	276 booboo	
142 pattycake	143 peekaboo	144 peepee	210 hospital	276 byebye	
143 peekaboo	144 peepee	145 push	211 library	276 excuse me	
144 peepee	145 push	146 read	212 park	276 hi, hello	
145 push	146 read	147 ride	213 school	276 here	
146 read	147 ride	148 run	214 store	276 in	
147 ride	148 run	149 see	215 zoo	276 me	
148 run	149 see	150 show		276 meow	
149 see	150 show	151 shut		276 my	
150 show	151 shut	152 sing		276 myself	
151 shut	152 sing	153 sit		276 nightnight	
152 sing	153 sit	154 sleep		276 no	
153 sit	154 sleep	155 stop		276 off	
154 sleep	155 stop	156 take		276 on	
155 stop	156 take	157 throw		276 out	
156 take	157 throw	158 tickle		276 please	
157 throw	158 tickle	159 up		276 Sesame St	
158 tickle	159 up	160 walk		276 shut up	
159 up	160 walk	161 want		276 thank you	
160 walk	161 want	162 wash		276 there	
161 want	162 wash	163 bathtub		276 why	
162 wash	163 bathtub	164 bed		276 woofwoof	
163 bathtub	164 bed	165 blanket		276 yes	
164 bed	165 blanket	166 bottle		276 you	
165 blanket	166 bottle	167 bowl		276 yumyum	
166 bottle	167 bowl	168 chair			
167 bowl	168 chair	169 clock			
168 chair	169 clock	170 crib			
169 clock	170 crib	171 cup			
170 crib	171 cup	172 door			
171 cup	172 door	173 floor			
172 door	173 floor	174 fork			
173 floor	174 fork	175 glass			
174 fork	175 glass	176 knife			
175 glass	176 knife	177 light			
176 knife	177 light	178 mirror			
177 light	178 mirror	179 pillow			
178 mirror	179 pillow	180 plate			
179 pillow	180 plate	181 potty			
180 plate	181 potty	182 radio			
181 potty	182 radio	183 room			
182 radio	183 room	184 sink			
183 room	184 sink	185 soap			
184 sink	185 soap	186 spoon			
185 soap	186 spoon	187 stairs			
186 spoon	187 stairs	188 table			
187 stairs	188 table	189 telephone			
188 table	189 telephone	190 towel			
189 telephone	190 towel	191 trash			
190 towel	191 trash	192 T.V.			
191 trash	192 T.V.	193 window			
192 T.V.	193 window				

**Other words your child says,
including non-English words:**

**Other words your child says,
including non-English words:**

References

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Representative Studies Using Scale

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